

Henlow PRICE LIST

Facials

Hands & Feet

| | PRICE | DURATION |
|--|-------|----------|
| EXPRESS TREATMENT | | |
| CHAMPNEYS CALLUS PEEL | £39 | 25 🇨🇩🇩🇩 |
| CHAMPNEYS CONDITIONING HAND TREATMENT | £39 | 25 🇩🇩 |
| CHAMPNEYS EXPRESS MANICURE | £35 | 25 🇩🇩 |
| CHAMPNEYS EXPRESS PEDICURE | £35 | 25 🇩🇩 |
| JESSICA GEL SOAK OFF | £20 | 15 🇩🇩 |
| PAMPERED NAILS | | |
| CHAMPNEYS LUXURY PEDICURE | £49 | 50 🇩🇩 |
| JESSICA GELERATION GEL NAILS SHAPE AND POLISH | £45 | 25 🇩🇩 |
| JESSICA PRESCRIPTIVE MANICURE | £49 | 50 🇩🇩 |
| ULTIMATE NAILS | | |
| JESSICA DELUXE GELERATION GEL OVERLAY MANICURE | £59 | 50 🇩🇩 |
| JESSICA DELUXE MANICURE WITH LEREMEDI HAND TREATMENT | £55 | 50 🇩🇩 |

| | PRICE | DURATION |
|---|-------|-----------------|
| DISCOVERY | | |
| CHAMPNEYS PICK ME UP FACIAL | £45 | 25 🇩 |
| DECLÉOR AURABSOLU GLOW POWER BOOSTER | £55 | 25 🇩 |
| ELEMIS SUPERFOOD FACIAL | £55 | 25 🇩 |
| PERSONALISED | | |
| CHAMPNEYS COLLAGEN GOLD FACIAL | £75 | 50 🇩 |
| DECLÉOR POWER PACKED VITAMIN SURGE FACIAL | £79 | 50 🇩 |
| ELEMIS PRO COLLAGEN AGE DEFY | £89 | 50 🇩 |
| ELEMIS DYNAMIC RESURFACING PRESCRIPTION | £89 | 50 🇩 |
| ULTIMATE | | |
| CHAMPNEYS ULTIMATE AGE EXCELLENCE | £89 | 80 🇩 |
| DECLÉOR WRINKLE ERASER YOUTH BOOSTER | £89 | 50 🇩 |
| ELEMIS BIOTEC FACIAL | £105 | 50 🇩🇩🇩🇩🇩🇩🇩🇩🇩🇩🇩🇩 |

Body

Beauty

| | PRICE | DURATION |
|--------------------------------|-------|----------|
| LASH PERFECT EYELASH EXTENSION | £50 | 25 🇩 |
| EYEBROW SHAPE | £20 | 15 🇩 |
| EYEBROW TINT | £20 | 25 🇩 |
| EYEBROW & EYELASH TINT | £30 | 25 🇩 |
| EYELASH TINT | £20 | 25 🇩 |
| BROWS BY MII | £40 | 45 🇩 |
| THREADING | £30 | 25 🇩 |
| MAKE UP LESSON | £50 | 50 🇩 |
| SUN TOWER | £5 | 3 🇩🇩🇩🇩🇩🇩 |
| ST TROPEZ SPRAY TAN | £35 | 25 🇩 |
| BIKINI WAX | £25 | 15 🇩🇩🇩🇩 |
| FULL LEG WAX | £45 | 45 🇩🇩🇩 |
| HALF LEG WAX | £35 | 25 🇩🇩🇩 |
| UNDERARM WAX | £20 | 15 🇩🇩🇩 |

Massages

| | PRICE | DURATION |
|---|-------|--------------|
| DISCOVERY | | |
| CHAMPNEYS AROMATHERAPY BACK MASSAGE | £55 | 25 🇨🇩🇩🇩🇩 |
| CHAMPNEYS HEAD IN THE CLOUDS | £49 | 25 🇨🇩 |
| CHAMPNEYS MASSAGE | £49 | 25 🇨🇩🇩🇩 |
| CHAMPNEYS MASSAGE SENIOR THERAPIST | £59 | 25 🇨🇩🇩🇩 |
| LAVA SHELL RELAX MASSAGE | £55 | 25 🇩🇩🇩🇩🇩🇩🇩🇩 |
| PERSONALISED | | |
| CHAMPNEYS AROMATHERAPY MASSAGE | £79 | 50 🇨🇩🇩🇩🇩🇩🇩 |
| CHAMPNEYS BAMBOO MASSAGE | £79 | 50 🇨🇩🇩🇩🇩🇩🇩 |
| CHAMPNEYS INDIAN HEAD MASSAGE | £65 | 45 🇨🇩🇩🇩🇩🇩 |
| CHAMPNEYS MASSAGE | £75 | 50 🇨🇩🇩🇩 |
| CHAMPNEYS MASSAGE SENIOR THERAPIST | £89 | 50 🇨🇩🇩🇩 |
| LAVA SHELL RELAX MASSAGE | £85 | 50 🇩🇩🇩🇩🇩🇩🇩🇩 |
| ULTIMATE | | |
| AROMATHERAPY ASSOCIATES FULL BODY MASSAGE | £79 | 50 🇨🇩🇩🇩🇩 |
| AROMATHERAPY ASSOCIATES INNER STRENGTH BODY MASSAGE | £79 | 50 🇨🇩🇩🇩🇩 |
| CHAMPNEYS HOT POULTICE MASSAGE | £109 | 80 🇩🇩🇩🇩🇩🇩🇩🇩* |
| CHAMPNEYS SPORTS MASSAGE | £89 | 50 🇨🇩🇩🇩🇩* |
| DECLÉOR AROMA BLEND REFINE & FIRM MASSAGE | £89 | 50 🇨🇩🇩🇩🇩🇩 |
| ELEMIS FREESTYLE DEEP TISSUE MASSAGE | £89 | 50 🇨🇩🇩🇩🇩🇩 |
| FACE & MASSAGE | | |
| DECLÉOR FACE & BODY ULTIMATE ESCAPE | £89 | 50 🇨🇩🇩🇩 |
| ELEMIS ABSOLUTE SPA RITUAL | £129 | 110 🇩🇩🇩🇩🇩🇩🇩 |
| ELEMIS FACE & BODY SENSATION | £89 | 50 🇨🇩🇩🇩🇩 |

| | PRICE | DURATION |
|--|-------|------------|
| DISCOVERY | | |
| CHAMPNEYS DETOX CELLULITE BLITZ | £55 | 25 🇨🇩🇩🇩 |
| CHAMPNEYS DRY FLOATATION | £49 | 25 🇨🇩🇩🇩🇩🇩 |
| CHAMPNEYS FULL BODY EXFOLIATION | £55 | 25 🇨🇩🇩🇩 |
| CHAMPNEYS BODY WRAP | £49 | 25 🇨🇩🇩🇩 |
| PERSONALISED | | |
| CHAMPNEYS BODY RADIANCE | £69 | 50 🇨🇩🇩🇩🇩 |
| CHAMPNEYS DETOX CELLULITE BUSTER | £75 | 50 🇨🇩🇩🇩 |
| CHAMPNEYS DETOXIFYING SEAWEED FLOATATION | £69 | 50 🇩🇩🇩🇩🇩🇩🇩 |
| CHAMPNEYS SPA HEAVEN COCOON | £69 | 50 🇨🇩🇩🇩🇩 |
| DETOXIFYING SEAWEED WRAP | £69 | 50 🇨🇩🇩🇩🇩🇩 |
| GERMAINE DE CAPPUCINI CHOCOLATE WRAPPER | £75 | 50 🇨🇩🇩🇩🇩 |
| ULTIMATE | | |
| CHAMPNEYS CITRUS BLUSH BODY RITUAL | £79 | 50 🇨🇩 |
| CHAMPNEYS SHARED INDULGENCE | £209 | 80 🇨🇩🇩🇩 |
| ELEMIS TARGETED TONING TIGHTENER | £79 | 50 🇨🇩🇩🇩🇩 |

Men

| | PRICE | DURATION |
|---------------------------------------|-------|----------|
| DISCOVERY | | |
| CHAMPNEYS MASSAGE | £49 | 25 🇨🇩🇩🇩 |
| EXECUTIVE FOOT TREATMENT | £45 | 25 🇩🇩 |
| EXECUTIVE HAND & NAIL TREATMENT | £40 | 25 🇩🇩 |
| PERSONALISED | | |
| CHAMPNEYS MASSAGE | £75 | 50 🇨🇩🇩 |
| CHAMPNEYS MEN'S PERSONALISED FACIAL | £69 | 50 🇩 |
| ELEMIS HIGH PERFORMANCE SKIN ENERGISE | £89 | 50 🇩 |
| ULTIMATE | | |
| CHAMPNEYS GROOMING EXPERIENCE | £95 | 80 🇩 |
| CHAMPNEYS SPORTS MASSAGE | £89 | 50 🇨🇩🇩🇩* |
| ELEMIS FREESTYLE DEEP TISSUE MASSAGE | £89 | 50 🇨🇩🇩🇩 |

Alternative

| | PRICE | DURATION |
|-------------------------|-------|--------------|
| ACUPUNCTURE | £50 | 25 🇨🇩🇩🇩* |
| CHINESE BODY THERAPY | £50 | 25 🇨🇩🇩🇩* |
| COMPLETE WAX EXPERIENCE | £70 | 50 🇩🇩🇩🇩🇩🇩🇩🇩 |
| PRESSURE THERAPY FACIAL | £75 | 50 🇩🇩* |
| AROMATHERAPY FLOATATION | £55 | 50 🇨🇩🇩🇩🇩🇩* |
| DETOX MUD FLOATATION | £55 | 50 🇨🇩🇩🇩🇩🇩* |
| DRY FLOATATION | £45 | 25 🇨🇩🇩🇩🇩* |
| HEAVENLY FLOATATION | £55 | 50 🇨🇩🇩🇩🇩* |
| HAND AND FOOT WAX | £50 | 25 🇩🇩 |
| INFRA RED THERAPY | £15 | 25 🇨🇩🇩🇩🇩🇩🇩🇩 |
| RASUL | £40 | 45 🇩🇩🇩🇩🇩🇩🇩 |
| RASUL - WHOLE CHAMBER | £100 | 45 🇩🇩🇩🇩🇩🇩🇩🇩 |
| REIKI | £75 | 50 * |
| REFLEXOLOGY | £75 | 50 🇨🇩🇩🇩🇩🇩🇩🇩 |
| SHIATSU | £75 | 50 🇨🇩🇩 |
| THALASSOTHERAPY | £20 | 25 🇨🇩🇩🇩🇩🇩🇩🇩* |
| TUI NA | £80 | 50 🇨🇩🇩* |
| WAX BATH | £65 | 50 🇩🇩🇩🇩🇩🇩🇩 |

Baby

| | PRICE | DURATION |
|--------------------------------|-------|----------|
| BEAUTIFUL BUMP | £69 | 50 🇨🇩🇩🇩🇩 |
| CHAMPNEYS MASSAGE | £49 | 25 🇨🇩🇩🇩 |
| CHAMPNEYS MASSAGE | £75 | 50 🇨🇩🇩🇩 |
| CHAMPNEYS PICK ME UP FACIAL | £45 | 25 🇩 |
| CHAMPNEYS COLLAGEN GOLD FACIAL | £75 | 50 🇩 |
| CHAMPNEYS HEAD IN THE CLOUDS | £49 | 25 🇨🇩 |
| JESSICA PRESCRIPTIVE MANICURE | £49 | 50 🇩🇩 |
| CHAMPNEYS PEDICURE | £49 | 50 🇩🇩 |

CONTRA INDICATIONS

- 🇩 HIGH OR LOW BLOOD PRESSURE
- 🇨 CANCER DURING ACTIVE TREATMENT
- 🇨 CIRCULATORY PROBLEMS
- 🇩 CLAUSTROPHOBIA
- 🇩 DIABETES
- 🇨 EPILEPSY
- 🇩 HEART CONDITION
- 🇩 METAL PINS AND PLATES
- 🇩 MOBILITY PROBLEMS
- 🇩 PREGNANT
- 🇩 PREGNANT UNDER 3 MONTHS
- 🇩 OVER OR UNDER ACTIVE THYROID
- 🇩 WARTS VERRUCAS OR FUNGAL INFECTIONS
- 🇩 COLD SORES SKIN INFECTIONS OR EYE INFECTIONS
- 🇩 THROMBOSIS
- 🇩 VARICOSE VEINS/STROKE
- * LIMITED AVAILABILITY
- 🇩 SHOWER REQUIRED
- 🇩 RECENT OPERATION UNDER 6 MONTHS
- 🇩 RECENT OPERATION UNDER 12 MONTHS